

[PDF] The Raw Milk Revolution: Behind America's Emerging Battle Over Food Rights

David E. Gumpert, Joel Salatin - pdf download free book



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Description:

From Publishers Weekly This thorough, thought-provoking account of the illicit raw milk trade comes from a veteran health and business journalist who has followed the story on his blog (thecompletepatient.com) since 2006. Elaborating his online posts, Gumpert looks at the industry in Michigan, California, New York, Ohio and Pennsylvania, offering detailed accounts of dairy farmers persecuted and prosecuted for dealing in non-pasteurized milk—thought a cure-all by some, a health

hazard by others (including the FDA). Dramatic anecdotes and digressions, including federal agents confiscating milk cartons, the rise of commercial feedlots and the story of pasteurization give context and weight to the book's first third. When Gumpert turns his attention to the minutiae of food contamination, however, readers' eyes may glaze over. Testimonials to raw milk's healing properties (for autism, cancer, asthma, allergies, "virility" and more) are reported but aren't vetted; stories of foodborne illness, meanwhile, are truly harrowing, despite Gumpert's assurance that they've never originated in raw milk. Those close to the debate will likely find this a helpful snapshot, but anyone with passing interest should simply check out the highlights on Gumpert's blog.

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Review

"David Gumpert has chronicled the Raw Milk War with insight and humor. He provides an important record of systematic government bias against Nature's perfect food. Must reading for raw milk fans and government officials alike."--**Sally Fallon Morell, President, The Weston A. Price Foundation**

"David Gumpert has become the official chronicler of the 'raw milk movement' in the United States. The Raw Milk Revolution is a highly readable expose that successfully captures how the controversy over raw milk is at the center of a larger battle between the industrial food system and the local food movement. Gumpert explains how raw milk, more than any other food, threatens proponents of the 'germ theory,' centralized food production, and the 'nanny state.' The Raw Milk Revolution is an extremely important book because it sounds a clear warning that upholding the right to produce and consume raw milk is critical in preserving our food freedoms in general."--**Peter Kennedy, President, Farm-to-Consumer Legal Defense Fund**

"David Gumpert employs his expertise as a professional business writer to dig deep and wide into the exploding raw milk controversy. His compelling analysis of the science, economics, politics and history of 'nature's most perfect food' opens the door to a greater understanding of the major challenges facing our food and agriculture systems today. Anyone concerned with the health of our people, our environment and our democracy should heed his words."--**Dean Florez, Majority Leader, California State Senate**

"If you want to understand the vocal opposition to food safety laws, you should read Gumpert's book. That's not the only reason to read it though. Even if you have little interest in raw milk, I think this book is a key piece in the puzzle to understanding the backwards priorities in America's food safety system."--**Jill Richardson, La Vida Locavore review**

"In this fascinating book on raw milk, journalist David Gumpert delves into the messy politics of food

safety, which pits government technocrats and prosecutors against farmers, consumers and their advocates. It's a compelling account, one that should be read by any raw milk devotee--and more importantly, by anyone concerned about the broken and arbitrary way the government regulates the food we eat."--**Samuel Fromartz, author of Organic Inc: Natural Foods and How They Grew**

"The raw milk underground is one of the most contentious battlefields in the revolution to reclaim our food from industrialization, over-processing, and corporate control. In this book, David Gumpert investigates in great detail the health claims of both raw milk advocates and public health officials, as well the legal tactics being employed by government agencies to stop the growing movement to obtain and supply raw milk. His comprehensive analysis effectively deconstructs and illuminates the many complex issues of health, safety, and freedom that are raised by this debate."--**Sandor Ellix Katz, author of Wild Fermentation: The Flavor, Nutrition, and Craft of Live-Culture Foods and The Revolution Will Not Be Microwaved: Inside America's Underground Food Movements**

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