

[PDF] The Complete Idiot's Guide To Juice Fasting (Idiot's Guides)

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Description:

About the Author

Steven Prussack is the host of Raw Vegan Radio and CEO of Raw Edge Productions. Aside from his award-winning radio show-which hosts an audience of over 10,000-he works closely with Dr. Will Tuttle, author of *The World Peace Diet*, to create a virtual World Peace Diet Mastery and Facilitator Training program. Steve is the creator of Rawpalooza: 2012 Raw Food World Summit, an 8-day virtual conference which features over 50 of the leading voices in raw food, vegan food, juicing, and conscious living. The event is drawing an audience approaching 10,000 attendees all over the world.

Bo Rinaldi is a chef, and a founder, leader, and visionary pioneer of the organic food movement. A best-selling co-author of cookbooks such as *Vegan Fusion World Cuisine*, *The Complete Idiot's Guide® to Eating Raw*, *The Complete Idiot's Guide® to Green Smoothies*, and *The Complete Idiot's Guide® to Low-Fat Vegan Cooking*. Bo enjoys sharing his knowledge to help others understand the wonders of creating healthy, natural, and delicious fare. He has been featured on CNN, NPR, The Thom Hartmann Program, The Aware Show, and Healing with the Masters, as well as in articles in *The New York Times*, *Newsweek*, and *Fast Company*.

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