

# [PDF] The Blessing Of A Skinned Knee: Using Jewish Teachings To Raise Self-Reliant Children

Wendy Mogel - pdf download free book

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**Books Details:**

Title: The Blessing of a Skinned Kne

Author: Wendy Mogel

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## Description:

**From Publishers Weekly** Frustrated with a therapeutic practice that "shifted too frequently to be an anchor" for parents struggling with issues like overindulgence and overscheduling, clinical psychologist Mogel turned to her religious heritage for ways to help her clients and her own family "find grace and security" in an increasingly complex world. "In the time-tested lessons of Judaism, I discovered insights and practical tools that spoke directly to these issues," writes Mogel, who left her psychology practice in order "to help parents look at their children's anxieties and desires using

a different lens." Digging into the rich traditions of the Torah, the Talmud and other Jewish teachings, Mogel builds a parenting blueprint that draws on core spiritual values relevant to families of all faiths. With warmth and humor, she offers strategies for encouraging respect and gratitude in children, and cautions against overprotection ("we treat our children's lives like we're cruise ship directors who must get them to their destination smoothly, without their feeling even the slightest bump or wave") and the pressure of "Lake Wobegon parenting" (a reference to Garrison Keillor's fictional town where "all the children are above average"). Her thoughtful observations consistently illuminate and reassure. Impassioned, lyrical and eminently practical, this inspiring volume is a real treasure. Agent, Betsy Amster. (Jan.)

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**Review** "Dr. Mogel's personal and caring touch comes through clearly as she presents practical and useful suggestions for parents." -- *Jacqueline I. Haines, Director of the Gesell Institute for Human Development*

"Impassioned, lyrical, and eminently practical, this inspiring volume is a real treasure." -- *Publishers Weekly*

"...She hits all the difficult issues: materialism, permissiveness and the protection of sacred time and space." -- *Reverend Robert Thompson, Minister of the Phillips Exeter Academy*

"A treasure trove of information. Dr. Mogel uses a personal, caring touch to present practical, useful ideas...." --*Jacqueline Haines, Director of the Gesell Institute for Human Development*

"Prophets call on the wisdom of a tradition, its revealed truth, to say out loud what we know but are afraid to utter. Wendy Mogel has issued a prophetic call to good parenting, one laced with psychological insight, practicality, and humor. Her words are themselves a gift of faith and a blessing." --*Peter Cobb executive director of the Council for Spiritual and Ethical Education*

"Wendy Mogel presents us with one of the finest and most challenging books on parenting to emerge in recent years..." --*Rabbi Jeffrey Salkin, author of Putting God on the Guest List*

"Although she clearly draws on Jewish teachings, as well as on her psychology training, much of her wisdom is applicable to families of all faiths." --*Library Journal*

"Carrington MacDuffie narrates with sincerity and intent . . . Mogel's insights are certain to help parents get a better grasp on when to draw the line, and when to cut it." --*AudioFile* --This text refers to an out of print or unavailable edition of this title.

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