

[PDF] The 7 Habits Of Highly Effective Teens Personal Workbook

Sean Covey - pdf download free book



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Description:

A companion to the *New York Times* bestselling book *The 7 Habits of Highly Effective Teens*, this engaging personal workbook provides fun, supplementary activities and thought provoking exercises to help you understand and apply the power of the 7 Habits in your life.

Imagine you had a playbook—a step-by-step guide to help you get from where you are now to where

you want to be in the future. Your goals, your dreams, your plans...they are all achievable. You just need the tools to help you get there.

The 7 Habits of Highly Effective Teens Personal Workbook is that tool. Whether you're already familiar with the power of the 7 Habits, or you're learning about them for the first time, this guide will help you figure out what you want in life and then decide upon a path to make it a reality. These interactive, positive lessons will give you the tools to improve your self-esteem, build friendships, resist peer pressure, achieve goals, get along better with your friends and family, and strengthen yourself in every aspect of your life.

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